

Recovery and Wellness: The Journey Starts Here
**A Joint Effort Sponsored by Community Care Behavioral Health Organization
and Western Psychiatric Institute and Clinic**

Western Psychiatric Institute and Clinic of UPMC
Mental Health Conference Planning

University of Pittsburgh School of Medicine
Center for Continuing Education in the Health Sciences

Community Care Behavioral Health Organization

DSM-5: Changes and Implications for Clinical Practice

October 15, 2013

**Sheraton Station Square
300 West Station Square Drive
Pittsburgh, Pennsylvania**

Course Director and Keynote Speaker:

***David J. Kupfer, MD
Chair, DSM-5 Task Force***

DSM-5: Changes and Implications for Clinical Practice

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Introduction:

The *Diagnostic and Statistical Manual of Mental Disorders* or “*DSM*” is used by clinicians and researchers to diagnose and classify mental disorders. It standardizes diagnoses by psychiatrists and other mental health professionals, and it also affects research, public health policy, education, reimbursement systems, and forensics. In May, 2013, the American Psychiatric Association (APA) published *DSM-5*, culminating a 14-year revision process. Since its original publication in 1952, *DSM* has been periodically reviewed and significantly revised over the years. All of these changes have been made with the aim of positively influencing patient care and future research. Particularly in the past twenty years, a wealth of new information has emerged in the areas of neurology, genetics, and the behavioral sciences that has dramatically expanded the understanding of mental illness. The goal of this conference is to familiarize participants with the overall revisions to the diagnostic criteria and the structural changes found in *DSM-5* with a view toward providing them with a framework for its use in clinical practice.

As part of the conference, the Chair of the *DSM-5* Task Force, David J. Kupfer, MD will explain the impact of the new diagnostic guidelines on clinical practice and research and describe differences in the organizational structure of the *DSM* and significant diagnostic changes outlined in the manual. He will be joined by other University of Pittsburgh School of Medicine faculty members, a number of whom were members of the *DSM-5* work groups, to discuss the clinical implications of the diagnostic modifications related to their areas of specialization.

Who Should Attend:

The conference is aimed at psychiatrists, psychologists, social workers, nurses, counselors, and others working in mental health settings who are involved in the diagnosis and care of patients. It is also of relevance to researchers in the areas of neuroscience and behavioral health.

Educational Objectives: At the conclusion of the program, participants should be able to

- Describe the overall revisions to diagnostic criteria found in the *DSM-5*.
- Explain the significance of areas that cut across all diagnoses, such as gender, culture, ethnicity, and lifespan changes, in the assessment process.
- Discuss the general structural changes found in the *DSM-5*.
- Explain how the reorganization of the manual’s chapters into a framework that places disorders along a developmental continuum can help clinicians better understand potential connections and interrelationships of disorders.
- Evaluate how the changes in *DSM-5* will impact clinical practice.
- Describe how *DSM-5* can enable clinicians to establish “Treatment Targets” and measure the effectiveness of treatment.

Course Director and Keynote Speaker:

David J. Kupfer, MD

Chair, DSM-5 Task Force

Thomas Detre Professor of Psychiatry
and Professor of Neuroscience and Clinical and Translational Science
University of Pittsburgh School of Medicine
Western Psychiatric Institute and Clinic
Pittsburgh, Pennsylvania

Faculty:

Boris Birmaher, MD

Endowed Chair in Early Onset Bipolar Disease
Professor of Psychiatry
University of Pittsburgh School of Medicine
Director, Children and Adolescent Bipolar Spectrum Disorders Services (CABS)
Western Psychiatric Institute and Clinic
Pittsburgh, Pennsylvania

Jack Cahalane, PhD, MPH

Chief, Adult Mood and Anxiety Services
Western Psychiatric Institute and Clinic
Pittsburgh, Pennsylvania

Raymond Y. Cho, MD, MSc

Assistant Professor of Psychiatry
University of Pittsburgh School of Medicine
Medical Director, STEP (Search for Treatments in Early Psychosis) Clinic
Western Psychiatric Institute and Clinic
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Antoine Douaihy, MD

Associate Professor of Psychiatry
University of Pittsburgh School of Medicine
Medical Director, Addiction Medicine Services
Medical Director, Dual Diagnosis Unit
Western Psychiatric Institute and Clinic
Pittsburgh, Pennsylvania

Ellen Frank, PhD

Member, DSM-5 Mood Disorders Work Group

Distinguished Professor of Psychiatry and Professor of Psychology
University of Pittsburgh School of Medicine
Director, Depression and Manic Depression Prevention Program
Western Psychiatric Institute and Clinic
Pittsburgh, Pennsylvania

Martin J. Lubetsky, MD

Professor of Psychiatry
University of Pittsburgh School of Medicine
Clinical Service Chief, Child and Adolescent Psychiatry and
Center for Autism and Developmental Disorders
Western Psychiatric Institute and Clinic
Chief, Pediatric Behavioral Health
Children's Hospital of Pittsburgh
Pittsburgh, Pennsylvania

Marsha D. Marcus, PhD

Member, DSM-5 Eating Disorders Work Group

Professor of Psychiatry and Psychology
University of Pittsburgh School of Medicine
Chief, Eating Disorders Program
Western Psychiatric Institute and Clinic
Pittsburgh, Pennsylvania

Charles F. Reynolds III, MD

Chair, DSM-5 Sleep/Wake Disorders Work Group

UPMC Endowed Professor in Geriatric Psychiatry
University of Pittsburgh School of Medicine
Western Psychiatric Institute and Clinic
Pittsburgh, Pennsylvania

Ellen M. Whyte, MD

Assistant Professor of Psychiatry
University of Pittsburgh School of Medicine
Medical Director, Outpatient Psychiatric Services
UPMC Benedum Geriatric Center
Pittsburgh, Pennsylvania

Faculty for this activity has been required to disclose all relationships with any proprietary entity producing health care goods or services.

Continuing Education Credit

Physicians

The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists

Western Psychiatric Institute and Clinic is approved by the American Psychological Association to offer continuing education for psychologists. Western Psychiatric Institute and Clinic maintains responsibility for this program and its content. This program is being offered for 6.5 continuing education credits.

Certified Alcohol and Drug Counselors/Certified Co-Occurring Disorders Professional: CADC/CCDP

The Office of Education and Regional Programming, Western Psychiatric Institute and Clinic is certified by the Pennsylvania Certification Board (PCB) to provide Certified Alcohol and Drug Counselor (CADC) and Certified Co-occurring Disorders Professional (CCDP) continuing education credits. This program is being offered for 6.5 continuing education credits.

Counselors

Western Psychiatric Institute and Clinic is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. This program is being offered for 6.5 continuing education credits.

Certified Psychiatric Rehabilitation Practitioners: CPRP

A total of 6.5 credit hours can be applied to training hours for the Certified Psychiatric Rehabilitation Practitioner (CPRP).

Certified Rehabilitation Counselors: CRC

Western Psychiatric Institute and Clinic is approved by the Commission on Rehabilitation Counselor Certification (CRCC) and accredited by the National Commission for Certifying Agencies to provide continuing education credits to certified rehabilitation counselors (CRC). WPIC adheres to the CRCC Continuing Education guidelines; 6.5 hours have been approved for participation in this conference.

Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT

This program is offered for 6.5 hours of social work continuing education through co-sponsorship of the University of Pittsburgh's School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social work continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For information on social work continuing education call (412) 624-3711.

Act 48

Western Psychiatric Institute and Clinic is recognized by the Pennsylvania Department of Education to offer continuing education credits under Act 48 guidelines. WPIC adheres to the Act 48 Continuing Education Guidelines.

Other Healthcare Professionals

Nurses and other health care professionals are awarded 0.65 Continuing Education Units (CEU's). One CEU is equal to 10 contact hours. **Nurses:** For attending this program you will receive a Certificate of Attendance confirming 6.5 hours of continuing education. These hours may be considered eligible for completing the 30 hours of continuing education required for biannual nursing re-licensure in Pennsylvania. **Peer Specialists:** This program fulfills requirements for Certified Peer Specialist continuing education.

Schedule

- 8:30 am **Background**
Jack Cahalane, PhD, MPH
- 8:45 am **Brief Overview of DSM-5**
David J. Kupfer, MD
- 9:45 am **Mood Disorders in DSM-5: What's New and What's Not**
Ellen Frank, PhD
- 10:25 am **Break**
- 10:40 am **Feeding and Eating Disorders in DSM-5**
Marsha D. Marcus, PhD
- 11:20 am **The DSM-5 Sleep-Wake Disorders Classification:
On the Journey to Brain Health**
Charles F. Reynolds III, MD
- 12:00 pm **Lunch (on your own)**
- 1:15 pm **Reconceptualizing the Diagnosis of Dementia
to Meet Real World Needs**
Ellen M. Whyte, MD
- 1:55 pm **Reconceptualizing Psychosis in the DSM-5:
Evolution or Revolution?**
Raymond Y. Cho, MD, MSc
- 2:35 pm **Break**
- 2:50 pm **Autism Spectrum Disorder and Intellectual Disability, Redefined**
Martin J. Lubetsky, MD
- 3:30 pm **Disruptive Mood Dysregulation Disorder – Controversies**
Boris Birmaher, MD
- 4:15 pm **Highlights of DSM-5 Changes in Substance-Related Disorders**
Antoine Douaihy, MD
- 5:00 pm **Adjournment**

Location

Sheraton Hotel at Station Square
300 West Station Square Drive
Pittsburgh, PA 15219
Telephone: (412) 261-2000/(800) 255-7488

A block of rooms has been reserved at the Sheraton Station Square where the conference will be held. The room rate is \$179, plus tax, for a single or a double room. When calling for reservations, please identify yourself as being with the conference "**DSM-5: Changes and Implications for Clinical Practice**" to benefit from these reduced rates. **Room availability cannot be guaranteed after October 1, 2013.**

Registration Information

Fee Schedule (Please circle the appropriate fee)

	<u>Before 10/1/13</u>	<u>After 10/1/13</u>
Physicians and allied health professionals	\$150	\$175
UPMC, WPIC, PA state hospital, and VA employees	\$90	\$100
Residents/Students	\$40	\$50

Tuition includes:

- * All registration and conference materials
- * Refreshments
- * Continuing education credits

Full tuition must accompany the registration form. Please return your registration form and tuition by **October 1, 2013** to take advantage of the lowest tuition rate. A \$25 administrative fee will be deducted from all refunds for cancellations. No refunds can be issued once the program has begun.

Please make your check payable to **OERP/WPIC** and send it with the registration form to:

Nancy Mundy

OERP/WPIC
Champion Commons Building, Room 322
3811 O'Hara Street
Pittsburgh, PA 15213
Telephone: 412-204-9090
FAX: 412- 204-9110
E-MAIL: mundynl@upmc.edu
www.wpic.pitt.edu/oerp

(Insert Handicapped Logo)

*We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Please notify us of your needs at least **two** weeks in advance of the program by calling Nancy Mundy at 412- 204-9090..*

Registration Form:

DSM-5: Changes and Implications for Clinical Practice

Course Code: MC71

October 15, 2013

Non-UPMC staff can register online at classes.upmc.com (Search on DSM).

(Please type or print; photocopy for additional registrants; Telephone registrations cannot be accepted.)

Register by October 1, 2013 for lowest tuition rate.

Social Security Number: *(Last five digits only)*

Name:

Last

First

Degree(s) for Name Badge (i.e. MD, PhD):

Institutional Affiliation:

Address:

City

State:

Zip:

County:

Day Telephone ()

E-Mail Address:

For Continuing Education Purposes, please check if you are:

CAC/CCDP CPRP CRC Educator/Act 48 LSW/LCSW/LPC/LMFT

NBCC Counselor Nurse Certified Peer Specialist Physician/MD Psychologist

Tuition Enclosed: _____

Method of Payment:

Check (Payable to OERP/WPIC - Check# _____)

Visa MasterCard AMEX Discover UPMC Account Transfer

To be completed by credit card users only:

Card Number: _____ Expiration Date: _____

Signature: _____ Security Code: _____
(three digits on back of card)

To be completed for UPMC account transfers only:

Business Unit: _____ Department ID: _____

Administrator's Name: _____

Administrator's Signature: _____

The University of Pittsburgh, as an educational institution and as an employer, values equality of opportunity, human dignity, and racial/ethnic and cultural diversity. Accordingly, as fully explained in Policy 07-01-03, the University prohibits and will not engage in discrimination or harassment on the basis of race, color, religion, national origin, ancestry, sex, age, marital status, familial status, sexual orientation, gender identity and expression, genetic information, disability, or status as a veteran. The University also prohibits and will not engage in retaliation against any person who makes a claim of discrimination or harassment or who provides information in such an investigation. Further, the University will continue to take affirmative steps to support and advance these values consistent with the University's mission. This policy applies to admissions, employment, and access to and treatment in University programs and activities. This is a commitment made by the University and is in accordance with federal, state, and/or local laws and regulations. For information on University equal opportunity and affirmative action programs, please contact: University of Pittsburgh; Office of Affirmative Action, Diversity, and Inclusion; Carol W. Mohamed, Director (and Title IX, 504 and ADA Coordinator); 412 Bellefield Hall; 315 South Bellefield Avenue; Pittsburgh, PA 15260; 412-648-7860. For complete details on the University's Nondiscrimination Policy, please refer to Policy 07-01-03. For information on how to file a complaint under this policy, please refer to Procedure 07-01-03.*

*Western Psychiatric Institute and Clinic of UPMC
Office of Education and Regional Programming
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